



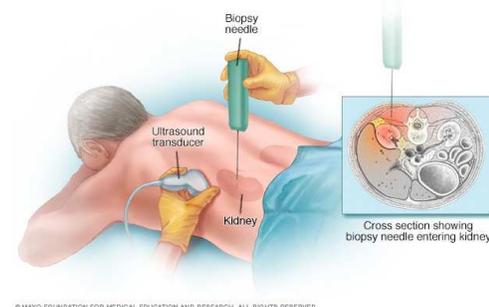
KIDNEY BIOPSY DISCHARGE EDUCATION

Information:

A kidney (renal) biopsy is a procedure in which a biopsy needle is used to remove small amounts of kidney tissue to evaluate for kidney function and/or if there is a kidney mass to evaluate if it is cancerous versus benign (non-cancerous).

What should I expect after the Kidney Biopsy?

- You may have some blood in your urine after the procedure, this should resolve in a few days.
- There may be some soreness around the biopsy site.
- You may return to work after 24 hours unless your primary doctor instructs you otherwise.
- You do not have any diet restrictions because of this procedure but should continue any that were given to you by any other doctors.
- Continue all previously prescribed medications **with the exception of Coumadin/warfarin which should be resumed after 24 hours. Pradaxa, Xarelto, Eliquis or Savaysa can be resumed after 48 hours.**



Bathing & Wound Care:

- You may shower after 24 hours; do not tub bath or submerge in water for 3 days (bath tub, hot tub, swimming pool, river or any other body of water).
- Dressing to stay on 2-3 days (clean and dry)
- If the biopsy site(s) become red, tender, swollen, or starts to drain, contact us.
- Avoid heavy lifting and strenuous activity for 3 days.

Follow-up visit information:

Your ordering physician will typically get your biopsy results in three to five business days. If you do not hear from the ordering physician in 7 business days, please call his/her office to set up an appointment to review the results. Follow up with Interventional Radiology is not usually necessary.

Occasionally, a situation will require prompt attention and an emergency room visit is necessary:

- Sudden chest pain, shortness of breath, or fainting
- Increasing blood in your urine
- Increasing redness, swelling or drainage from the biopsy site
- Increasing pain not relieved by medication
- Bleeding or drainage from the needle site that is saturating the dressing
- You have shaking, chills and/or a temperature over 100.3°F
- New, sudden difficulty breathing
- Drop in blood pressure, and/or light-headed feeling



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With these urgent situations, please call Medford Radiology to see what your best course of action is.

If you received Conscious Sedation (IV sedation) and are discharged the same-day:

- You must have someone drive you home when you leave the hospital.
- For 24 hours after your procedure, do not do anything where you need to be mentally alert. This includes driving, making important decisions, driving, operating machinery, signing important papers, etc.
- Eat light for the first 24 hours, and then start eating more as you are able. Drink plenty of fluids.
- If you are taking pain medications:
 - Take as directed
 - Do not drink alcohol while taking narcotic pain medication
 - Do not drive
 - If you are constipated, drink more fluids and eat more fiber. You can also use an over-the-counter stool softener.

For any questions please contact Oregon Interventional Radiology at 541-618-5801

In all emergency situations call 911