



Oregon
Interventional
Radiology

Femoral Artery Access Patient Education

In order to provide continued care after you go home, we offer the following instructions:

1. It is recommended that a responsible adult stay with you for 24 hours after the procedure.
2. Do not plan to drive after your procedure. Please ensure you have appointed someone to drive you home due to procedural sedation and increased risk of bleeding if you drive yourself.
3. Do not operate machinery, drive a car or make any important decisions for 24 hours after your catheterization because of the medication you have received. Typical side effects of sedation you have received may include:
 - a. Memory impairment for up to 24 hours and difficulty concentrating
 - b. Sleepiness
 - c. Dizziness
4. Modify activity for 72 hours after your procedure. No straining or lifting more than 10 pounds for 72 hours. No climbing stairs or excessive walking. Avoid sharp bending at the groin.
5. No tub baths, hot tub, swimming or soaking procedure site for 7 days.
6. Keep site dry for 24 hours. You may shower 24 hours after your procedure. Gently remove clear bandage, wash area gently and pat dry. Do not apply powders or lotions. Keep the site clean and dry to prevent infection. A band-aid may be applied if desired.
7. If bleeding occurs, lie down, have someone apply constant pressure at or just above the puncture site and call 911 immediately. Do Not Drive yourself to the hospital. This rarely happens, but you do need to know what to do if it does.
8. Some bruising or mild discomfort is common during the healing process after intravascular procedures. You may have a small, pea sized hard spot that may last for a few weeks. If you have any of the following symptoms, please contact your physician immediately:
 - a. Fever, chills or poorly healing puncture site
 - b. Persistent tenderness, swelling or drainage at the puncture site area
 - c. Redness and/or warmth to the touch at the puncture site
 - d. Numbness, tingling or pain at the puncture site or on the same side as the procedure
 - e. Rash
 - f. Drainage from the puncture site
 - g. Leg feels tight or swollen

Contact Oregon Interventional Radiology with any questions or concerns: 541-618-5801