

Breast Imaging in the Transgender Patient

Screening Recommendations for Transgender Women:

- Transgender women ≥ 50 years old with past or current use of hormones- Annual mammogram if the patient has additional risk factors such as estrogen and progestin use for > 5 years, BMI > 35 , or family history
- Transgender women with no hormone use- Routine screening is not recommended unless the patient has other known risk factors such as Klinefelter syndrome

Screening Recommendations for Transgender Men:

- Transgender men who underwent reduction mammoplasty or no chest surgery- Annual mammograms as indicated for natal women
- Transgender men after bilateral mastectomy- Yearly clinical chest wall and axillary exam (no imaging for screening)
- Preoperative transgender men- Mammogram only if the patient meets natal female requirements