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KIDNEY BIOPSY DISCHARGE EDUCATION

Information:

A kidney (renal) biopsy is a procedure in which a biopsy needle is used to remove small amounts of kidney tissue to evaluate for kidney function and/or if there is a kidney mass to evaluate if it is cancerous versus benign (non-cancerous).

What should I expect after the Kidney Biopsy?

- You may have some blood in your urine after the procedure, this should resolve in a few days.
- There may be some soreness around the biopsy site.
- You may return to work after 24 hours, unless your primary doctor instructs you otherwise.
- You do not have any diet restrictions because of this procedure, but should continue any that were given to you by any other doctors.
- Continue all previously prescribed medications **with the exception of Coumadin/warfarin which should be resumed after 24 hours. Pradaxa, Xarelto, Eliquis or Savaysa can be resumed after 48 hours.**

Bathing & Wound Care:

- You may shower after 24 hours; do not tub bath or submerge in water for 3 days (bath tub, hot tub, swimming pool, river or any other body of water).
- Dressing to stay on 2-3 days (clean and dry)
- If the biopsy site(s) become red, tender, swollen, or starts to drain, contact us.
- Avoid heavy lifting and strenuous activity for 3 days.

Follow-up visit information:

Your ordering physician will typically get your biopsy results in three to five business days. If you do not hear from the ordering physician in 7 business days, please call his/her office to set up an appointment to review the results. Follow up with Interventional Radiology is not usually necessary.

Occasionally, a situation will require prompt attention and an emergency room visit is necessary:

- Sudden chest pain, shortness of breath, or fainting
- Increasing blood in your urine
- Increasing redness, swelling or drainage from the biopsy site
- Increasing pain not relieved by medication
- Bleeding or drainage from the needle site that is saturating the dressing
- You have shaking ,chills and/or a temperature over 100.3°F
- New, sudden difficulty breathing
- Drop in blood pressure, and/or light headed feeling

With these urgent situations, please call Medford Radiology to see what your best course of action is.

For any questions please contact the Medford Radiology office at 541-618-5800

In all emergency situations call 911

If you received Conscious Sedation (IV sedation) and are discharged the same-day:

- You must have someone drive you home when you leave the hospital.
- For 24 hours after your procedure, do not do anything where you need to be mentally alert. This includes driving, making important decisions, driving, operating machinery, signing important papers, etc.
- Eat light for the first 24 hours, and then start eating more as you are able. Drink plenty of fluids.
- If you are taking pain medications:
 - Take as directed
 - Do not drink alcohol while taking narcotic pain medication
 - Do not drive
 - If you are constipated, drink more fluids and eat more fiber. You can also use an over-the-counter stool softener.

For any questions please contact the Medford Radiology office at 541-618-5800

In all emergency situations call 911