

Hip Injection/ Arthrogram/ Aspiration

SCOUT FILMS: take Digital scout AP Hip

CHECK Dr.'s Order: Verify Procedure to be done

PATIENT UNDRRESS everything off FROM WAIST DOWN

CONSENT PATIENT after explaining procedure

VERIFY ALLERGIES AND BLOODTHINNERS (MRG protocol)

SUPPLIES: 1. Myelogram Tray

2. Pad on Table w/sheet/ **Bolster** under knees (do not use for Dr. Campagna instead turn leg to be injected ,internal rotation and tape)
3. L or R marker on Fluoro Tower
4. **OMNIPAQUE 300 10ml**
5. **Neut (Sodium Bicarb)**
6. **Meds per ORDERING DR.s Formula (see list)**
7. **Sterile Gloves** for Dr. and Tech drawing up meds
8. **Add to Sterile Tray: med labels, 1½ 25g needle, 12cc syringe, Chloraprep**
9. **Dr BANDLER add extra 12 cc syringe for Lido 1% (open another 10cc)**
10. **Dr. RINGGER add 22g black top Spinal Needle (in cabinet)**
11. **Dr. CAMPAGNA- DO NOT mix Bupivacaine with Steroid, have in separate SYRINGE or mix 50/50 in contrast syringe!**
12. **Consent form filled out (with meds if Injection) have pt. sign**
13. **2nd Sheet** to drape pt. (expose the hip to be scrubbed)
14. **Long Sponge Hemostat and black felt pen** for marking hip

PROCEDURE : **PATIENT SUPINE** (Reverse Room if left side)
TECH FLUOROS FOR DOCTOR
TAKE EXPOSURE WITH NEEDLE and contrast in joint
AFTER INJECTION inform Patient to keep Diary of pain relief for ordering Doctor, **let patient know** the hip may be painful for up to 48 hours post injection.

HIP ASPIRATION: **LAB SLIP for CULTURE/SENSITIVITY, ALSO** can be for **CRYSTALS/ GRAM STAIN, CHECK Dr.'s order** Send to **MICROBIOLOGY** RVMC by courier

SUPPLIES : **SAME AS FOR INJECTION**
STERILE CULTURETTE AND/OR ANEROBIC CULTURE TUBE
And have 10ml Sterile Saline available (Dr may want extra syringe for this)

HIP ARTHROGRAM/MRI

PROCEDURE: SAME AS HIP INJ/ASPIRATION EXCEPT TECH MIXES CONTRAST FOR MRI in 20cc syringe on tray using sterile technic