

# WRIST ARTHROGRAM/MRI

If patient on **BLOOD THINNERS** see Coumadin Protocol

**SCOUT FILM:** fluoro scout coned to wrist

## **SUPPLIES:**

1. **Myelogram** tray
2. **25g Butterfly** Needle
3. **5cc** syringe
4. **Contrast**-Dr Edson's mix protocol (Saline bag, Gadolinium, Omni 300, 1% Lidocaine, Epi drawn up in 1ml syringe)
5. **Small Angled Sponge/** covered w/ blue towel
6. **Betadine**
7. Size 8 gloves

## **PROCEDURE:**

Call MRI at Dubs for bottle of Gad, then call for Lab courier to p/u and deliver to us prior to exam!

**Draw up** Edson Protocol into 20cc syringe (on tray), when mixture complete fill the 5ml syringe w/ mixture, attach 25g butterfly needle, run solution through needle & tubing. Label 5 ml syringe Edsons contrast with your initials. Label saline bag w/ Gad. Sticker. Leave all med bottles on counter.

**Set Fluoro technic on console** (under Specials/Wrist Arthrogram).

**Reverse** room if **LEFT** wrist.

**Explain procedure** to Patient/ **sign Consent Form**. **Warn patient wrist may be very achy that night and next day**. MRI/ARTHROGRAM there is only one injection.

**POSITION PATIENT** Supine with body moved as far as possible to far side so wrist close to center of table. Place small angled sponge covered w/ blue towel under wrist. Place bolster under knees/ **NO TABLE PAD**. **Take Fluoro Scout of patient's wrist**.

**During procedure**, Dr. Cook will have pt turn wrist from **AP to LAT** position to **see depth of needle**, be prepared to **cone in with fluoro** shutters when in lateral and open again when back to **AP** position.

**Take Overheads:** **AP, both OBL's and Lat** coned to wrist joint.

**After** procedure send patient to MRI immediately, warn them not to use that hand/wrist for opening doors, etc.