

DR. FENNELL

SHOULDER ARTHROGRAM (see Coumadin Protocol)

SCOUT FILMS: Hang outside films if available
Take Digital Scout

SUPPLIES

1. Myelogram Tray
2. Betadine Sol. (put in well on tray)
3. Size 7 $\frac{1}{2}$ Gloves
4. hemostat and wide pen cap
5. Boomarang
6. Isovue 300
7. Consent form
8. 25 g 1 $\frac{1}{2}$ needle

PROCEDURE

Set up computer w/ procedure and patient info for Fluoroscopy. Place Chucks at head of table and **(R) (L) marker** under fluoro tower (**Left shoulder Reverse** table head, activate **H** and **V** buttons on tower and **move Monitor** to other side). **Consent Patient** after explaining procedure/ check for **Allergies and Blood Thinners**. **Men take off shirt in room, Women in gown** (undress in Dressing Room from waist up open in back) **Slide affected arm out of gown and retie in back** so gown is pulled down under arm but covering breast leaving room to be scrubbed. Lie patient on their back. Tech will operate fluoro during needle placement and take exposure when contrast is filling bursa.

Dr takes over fluoro tower when needle removed. Place Boomerange under shoulder joint for fluoro exposures.
If no RCT exercise arm after fluoro spots before overheads.

Exercise: Have pt. Windmill arm, reach behind neck and lower back then pull up and push down arm while Tech holds resistance.

OVERHEADS:

1. AP INT AND EXT 10x12 (center on joint)
2. Axillary 8x10

MRI SHOULDER ARTHROGRAMS Do Not EXERCISE/ No OVERHEADS

Follow Dr Edson Protocol for Gadolinium mixture using sterile technique to fill the 20cc syringe on tray.

Supplies

- 1cc syringe
- 12cc syringe
- (2) 18 G needles
- 500 ml bag 9% Saline
- 1ml vial Epinephrine (1:1000)
- Gadolinium (Magnavist)
- Xylo 1% 10ml vial
- Omnipaque 300 15 ml

Send remainder of Gad in Yellow jacket with pt's fluoro spots w/pt to OAI w/copy of face sheet and make a fax rpt.

Clean up Patients Shoulder w/ warm water and white disp. Towels after procedure.