

DEXA Hyperthyroid Guideline

Patient Prep:

- 1) Every patient must have a fully completed DXA questionnaire.
- 2) Know your DXA machines maximum weight capacity at your site and do not exceed it.
- 3) Each patient shall disrobe fully and be placed into a gown prior to scanning.
- 4) Remove all artifacts, if possible, prior to scanning (i.e. naval rings, bra clips, coins, buttons/snaps, etc)
- 5) Each patient shall have their weight and height taken by the technologist/nurse prior to scanning and entered into the DXA unit.
- 6) Make certain that the patient's age, sex, ethnicity and historical data are accurate and entered as appropriate into the DXA system.

Procedure:

Three sites are to be imaged if possible:

1. Spine
2. Bilateral Hips
3. Non-dominant forearm