



## **SINOGRAM DISCHARGE EDUCATION**

### **Information:**

A sinogram uses a form of real-time x-ray called fluoroscopy and a barium or iodine-based contrast material to assesses an abnormal passage called a sinus that originates or ends in one opening, often on the skin. Contrast material is used to help identify the start of the fistula/sinus, its pathway and what organs are involved.

Sinuses can occur throughout the body and may be related to infection or injury. Symptoms may be mild, such as a discharge of clear fluid from the skin, or more serious, such as abscess formation. A sinogram can show the extent of the problem and help develop a plan for future care.

Sinograms can also be used to evaluate existing drains or catheters in the body.

### **What will I experience during and after the procedure?**

- You may feel a warm sensation as the contrast material is injected into your drain or fistula/sinus. While you may experience discomfort during the procedure, there is usually no pain.
- The procedure itself will take approximately 30 minutes.

### **What should I expect after the Sinogram?**

- You may experience minor pain, bruising and/or infection from the catheter insertion that may require treatment with antibiotics.
- There may be a small amount of bleeding from the fistula/sinus for a short time after the procedure.
- Any contrast media left in the sinus will be absorbed into your blood, collected by your kidneys and excreted when you urinate.

**If you develop hives or itching, or experience any difficulty swallowing or breathing, contact your physician or go to the Emergency Department.**

**For any questions please contact Oregon Interventional Radiology Clinic at 541-618-5801  
In all emergency situations call 911**