



LUNG BIOPSY DISCHARGE EDUCATION

Information:

A lung biopsy is a procedure to collect small tissue samples via needle biopsy from an area in the lung. CT (computed tomography) is used during this procedure to image the needle in the correct place during the biopsy. These samples are sent to the lab for testing for diagnosis.

What should I expect after the Lung Biopsy?

- You may cough up a small amount of blood after the procedure, this can continue for about three days.
- There may be some soreness around the biopsy site.
- You may return to work after 24 hours unless your primary doctor instructs you otherwise.
- You do not have any diet restrictions after the biopsy, but you should continue any that were given to you by any other doctors.
- Continue Coumadin/warfarin and all previously prescribed medications **with the exception of Pradaxa, Xarelto, Eliquis or Savaysa which can be resumed after 24 hours.**

Bathing & Wound Care:

- You may shower after 24 hours; do not tub bath or submerge in water for 3 days (bath tub, hot tub, swimming pool, river or any other body of water).
- Dressing to stay on 2-3 days (clean and dry)
- If the biopsy site(s) become red, tender, swollen, or starts to drain, contact us.
- Avoid heavy lifting and strenuous activity for 3 days.
- Do not scuba dive or fly for 1 week due to pressure changes that can cause a collapsed lung (pneumothorax).

Follow-up visit information:

Your ordering physician will typically get your biopsy results in three to five business days. If you do not hear from the ordering physician in 7 business days, please call his/her office to set up an appointment to review the results. Follow up with Interventional Radiology is not usually necessary.

Occasionally, a situation will require prompt attention and an emergency room visit is necessary:

- Sudden chest pain, shortness of breath, or fainting
- Drop in blood pressure, and/or light-headed feeling
- Coughing up increasing amounts of blood
- Increasing redness, swelling or drainage from the biopsy site
- Increasing pain not relieved by medication
- You have shaking, chills and/or a temperature over 100.3°F
- New, sudden difficulty breathing



Oregon
Interventional
Radiology

- New pain when taking a deep breath
- If you have worsening shortness of breath or chest pain, go to the nearest ER

With these urgent situations, please call Medford Radiology to see what your best course of action is.

If you received Conscious Sedation (IV sedation) and are discharged the same-day:

- You must have someone drive you home when you leave the hospital.
- For 24 hours after your procedure, do not do anything where you need to be mentally alert. This includes making important decisions, driving, operating machinery, signing important papers, etc.
- Eat light for the first 24 hours, and then start eating more as you are able. Drink plenty of fluids.
- If you are taking pain medications:
 - Take as directed
 - Do not drink alcohol while taking narcotic pain medication
 - Do not drive
 - If you are constipated, drink more fluids and eat more fiber. You can also use an over-the-counter stool softener.

For any questions please contact Oregon Interventional Radiology at 541-618-5801

In all emergency situations call 911