



Oregon  
Interventional  
Radiology

## **Iodinated IV Contrast Reaction Discharge Instructions**

Today you were given an IV contrast material containing Iodine and your body had a reaction.  
\_\_\_\_\_ (type of reaction)

You were given \_\_\_\_\_ to help minimize your reaction. These medications can make you feel drowsy, dry mouthed or lightheaded.

### **Activity**

No driving or operating heavy equipment for 4-6 hours.

If you need to have Iodinated IV contrast material in the future, please notify the staff both when scheduling the procedure and before receiving any IV contrast material.

### **Special Instructions**

**Seek emergency care immediately if you experience shortness of breath, difficulty swallowing or facial or tongue swelling.** For further problems, notify your physician.

Remember to drink plenty of water over the next 24 hours, which will assist your kidneys to flush the contrast from your system.

Please notify your primary doctor that you are allergic to IV contrast material containing Iodine.

**For any questions please contact Oregon Interventional Radiology Clinic  
at 541-618-5801**

**In all emergency situations call 911**